

Nail Care

Retreat Manicure	20
Holistic Manicures	25
Chocolate Souffle', Orange Ice or Lavender Aphrodisiac	30
Hot Wax Manicure	34
Shellac Manicure	12
Children 12 & under	15
Polish Change	add'l \$5
French Polish	50/33
Acrylics Set / Fills	65/40
Gels Set / Fills	65/40
Pink and White Set / Fills	40
Overlay	

Hydrotherapy Foot Care

Stimulus Pedicure	25
Body & Soul Pedicure	40
Holistic Pedicures	50
Chocolate Souffle', Orange Ice, or Lavender Aphrodisiac	55
Hot Wax Pedicure	55
Peppermint Pedicure	50
Glycolic Pedicure with Heel Treatment	60
Holistic Hot Stone Pedicure	20
Children 12 & Under	add'l \$5
French Polish	

Signature Pedicure	115
<i>includes an Organic Pedicure & Foot Reflexology</i>	

Waxing Services

Brow	16	Half Leg	30
Lip	10	Full Leg	50
Chin	10	Bikini	from 30
Back	from 40	Brazilian	from 50
Chest	from 40	Extended Brazilian	from 50
Sideburns	12	Bikini/Half Leg	from 60
Underarm	15	Bikini/Full Leg	from 80
Half Arm	15	Abdomen	20
Full Arm	30	Eyebrow Tint	20
Full Face	35	Eyelash Tint	25

Retreat Packages

GRATUITY INCLUDED ON ALL PACKAGES

Peaceful Sedona	149	The Haven	261
Zen for Men	204	Retreat Signature Day	402
Soulful Journey	220	Body & Soul Mates	413
Zen Temple	241	Spirit of Sedona	424
Body in Balance Prenatal	253	Yin & Yang Bliss	indiv 270 together 475

Spa Parties

PLEASE CALL FOR QUOTES & Availability

Lover's Twilight Party	Ladies & Teens Night Out
Bridal & Baby Showers	Fairy Dust Children's Party
Bachelorette Bliss	Corporate Events/Meetings

All Service Prices are subject to change without notice

Retreat Hours

2024 E. Sample Road
Lighthouse Point, Florida 33064

954.784.5505
angel@bodyandsoulretreat.com
www.bodyandsoulretreat.com

Monday	10 am - 6 pm
Tuesday	10 am - 8 pm
Wednesday	10 am - 8 pm
Thursday	10 am - 9 pm
Friday	10 am - 9 pm
Saturday	10 am - 6 pm
Sunday	10 am - 6 pm